



Jefferson Journal



December 2009

Winter Concerts

December 1st, 4th grade concert @ 7 pm in the gym

December 10th, 2nd grade concert @ 7pm in the gym

December 14th 5th/6th grade concert @ 7 pm in the DD Miller

PTO Meeting

12:00—12:50 December 9, 2009

All are welcome to attend. This will be held in the Jefferson conference room.

Principal's Corner

ACCELERATED READING

Students are doing well on their reading at home. Thank you for instilling this good practice every night. The top two students chosen in your child's classroom will win the incentive this month of getting to eat pizza on December 11th in the library with me.

TURKEY BINGO

Turkey Bingo night was a success! Thank you to all that attended.

TRAFFIC - In the circular drive, please go as far as possible to drop off your child. Dropping them off directly in front of the door creates a traffic jam in the street. Also, the north parking lot is for buses and employee parking only. This is due to SAFETY. It is not safe for children to walk between the buses to get to vehicles. Thank you.

Collect -Bring in your Land O'Lakes milk caps, General Mills box tops, Tyson Labels, and Campbells products UPC labels. Also bring in empty ink cartridges and old cell phones. This brings in money for special items for the classrooms. We are still trying to fill our pop tab house. Your child will get their name in a drawing for each filled baggie.

Special points of interest:

- ☺ December 1st - 4th grade concert @ 7pm in the gym
- ☺ December 9th - PTO meeting @ 12:00 in the conference room
- ☺ December 9th - Police officer eats lunch with the students
- ☺ December 10th - 2nd grade concert @ 7 pm in the gym
- ☺ December 11th AR pizza party for top two students in each classroom.
- ☺ December 14th - 5th /6th grade concert @ 7 pm in the DD Miller Auditorium
- ☺ December 16th - Student council meets @ 11:15 in the conference room
- ☺ December 18th - 5th grade plays band @ 11:00 in the music room.
- ☺ December 21st - 6th grade plays band during lunch @ 11:30.
- ☺ December 22nd - 6th grade bowl @ Tommy's Lanes 12:30 - 3:00
- ☺ December 23rd - No School
- ☺ January 5th - School resumes



HAPPY HOLIDAYS JAGUARS!

Social Work Corner

Parenting Tip

Youth are more likely to grow up healthy when they read for pleasure three or more hours a week. When Watertown High School Students took the Search Survey last fall, only 20% of the students indicated that they read for pleasure three hours or more a week. We all know that reading is a basic skill for success in life, but some may ask why it's important to read for pleasure.

The Commission on Reading contends that reading for fun teaches young people to become strategic, skilled readers. Studies have found that skilled readers do better in school because they remember important information, ask questions when they don't understand, and find reading fun. Here are some ideas to help your child read for pleasure:

Set aside family reading time once a week. Turn off the TV and curl up on the couch together. Read aloud to younger children.

When you want to see a movie based on a book, read the book first. Afterward you can compare the two.

Visit the library together on a regular basis. Help your child get a library card if they don't have one

Give books and magazine subscriptions as gifts for birthdays and holidays.

Read something yourself. Explain how it gives you pleasure while helping you learn about life and the world.

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Resource of the Month

Salvation Army Christmas Program: Supporting families by making sure they are able to provide a holiday meal and gifts for their children. If you need support this Christmas or would like to help a family in need, please contact the Salvation Army at 886-4030.

Snowflakes are one of nature's most fragile things, but just look what they do when they stick together. Verna M. Kelly

Frostbite is damage to the skin and underlying tissues caused by extreme cold. It is caused by prolonged skin temperatures of 23 degrees Fahrenheit and below.

Signs of frostbite are hard, pale, and cold quality of the skin that has been exposed to the cold for too long. Usually an aching pain accompanies these symptoms and the skin becomes red and very painful as the area thaws.

Because of the cold exposure, blood flow to that area is halted and the area must be re-warmed quickly to prevent tissue death and infection. The ears, nose, hands, and feet are particularly susceptible.

To warm the skin, **do not rub** in an effort to get blood flowing back to the area. This may add more damage to the already damaged skin. (Rapid re-warming can be very painful). Upon warming, it is common to experience intense pain and tingling or burning in the affected area.

When you first notice signs of frostbite, come out of the cold immediately and begin to warm the area. To thaw frostbitten areas, apply warm cloths to area for 20-30 minutes. You may soak the affected area in warm water (not hot). Recommended water temperature is 104-108 degrees Fahrenheit.

Contact a medical professional if:

- *there has been severe frostbite or if normal feeling and color do not return promptly after treating for mild frostbite.
- *frostbite has occurred recently and new symptoms develop such as fever, malaise, discoloration, or drainage from the affected body part.

Tips for Frostbite Prevention:

- *apply skin moisturizer with sunscreen to exposed areas of skin before going outdoors.
- *dress warmly, wear dry clothing, and stay out of the wind.
- *wear mittens instead of gloves: when fingers are together in a mitten, their collective body heat keeps the hand warm.
- *re-freezing of thawed extremities can cause more severe damage.

Please remember to make sure your child has the appropriate warm clothing when going to school in the frigid winter months.





"Enhancing educational opportunities for students."

The Arrow Education Foundation wishes you and your family a happy holiday season!



LOOKING AHEAD

**INNOVATIVE EDUCATION GRANTS to be
AWARDED IN FEBRUARY**

Arrow Education Foundation *INNOVATIVE EDUCATION GRANTS* will be awarded the **3rd week in February**. Applications will be accepted from WSD staff and other grant partners until 5 pm on **February 15, 2010**. See www.arrowfoundation.org.

SCHOLARSHIPS FOR GRADUATING SENIORS:

MARTY KRANZ, ERIC TENNIS, BRUHN ARTS

Arrow Education Foundation Scholarship applications will be available on the WHS website http://watertown.k12.sd.us/schools/srhigh/student_services/scholarships2.htm in mid -December. Applications will be accepted until late February. Please contact the Foundation if there are questions.

The Foundation also awards the Donus D Roberts Forensics Scholarship and supports the Davis Award.

Volunteers Welcomed

Wonderful volunteers support the Foundation in its mission of "*enhancing educational opportunities for students*". They contribute talent and time by assisting in Foundation events, projects and office activities. Volunteer activities are matched to the individual's interests, skills and time preferences and can be completed at home or in the office.

Join us! Your contribution as a member of the Foundation team can make a difference: to WSD staff and students, both present and future, and WHS alumni.



Arrow Education Foundation
www.arrowfoundation.org
(605) 882-6399 or (605) 520-4432

100 Point AR Club as of November 27, 2009

- | | | |
|-------------------|-----------------|----------------|
| Claire Handke | Gunnar Kjellsen | Kallie Jurgens |
| Jacob Tisher | Drew VerDouw | Nick O'Connor |
| Ross Hurlbert | Grant Gonsor | Logan Stacey |
| Kadence Feiningar | Jenna Buechler | Anna Broesder |
| Jayden Fiechtner | Rumley Devine | Joshua Kelly |
| Cameron Rumpza | Cassidy Endres | Jade Simonton |

